

In Partnership with

Corpusty and Holt Children's Centre

A Sure Start Children's Centre



presents

# Jumping Gym!



Mini Gym and  
exercise for 3-5  
year olds!



This is a structured exercise programme with a healthy eating theme, delivered through song, dance and our mini gym equipment!

Every Tuesday (during term time), starting from the 10th January at 1:45–2:30 pm

This will take place at The Holt Youth Project (HYP)

Old Station Way, Holt, Norfolk

NR25 6DH

For more information contact : (HYP) 01263 710918

Or Corpusty & Holt Children's Centre on: 01263 712442